



Erasmus+

TRAINING COURSE:

“Circus pedagogy for inclusion in the Balkan”

15.01-23.01.2022

Brežice (Slovenia)

DESCRIPTION OF THE PROJECT

The training course "Youth worker circus" is organized by Association CIK/Circus La Bulle (SLO) in Brežice Slovenia, from the **15.01 to the 23.01.2022**. It include 27 participants and 3 team members from 12 countries (Slovenia, Bosnia and Herzegovina, Croatia, Kosovo, Bulgaria, The republic of North Macedonia, Montenegro, Greece, Turkey, Romania, Serbia and Albania).

During the 9-day training course, we will discover how to use circus pedagogy as a method of youth work. We use circus activities as a form of pedagogy in teaching and in non-formal education. Our main idea is that circus activity is appealing and fun for everybody, making it ideal as a tool for educational work with youngsters.

Number of participants per country:

2 participants per country (except Albania: 3), keeping gender balance of one male and one female.

AIMS AND OBJECTIVES

The aim is to introduce youth workers and youngsters to positive, healthy activities that encourages co-operation, and strengthen confidence, while developing co-ordination and persistence. The end result is much more than learning these skills - it also helps to improve self-esteem, build on a social capital and direct people towards positive ways of living.

The main goal of our project is to teach the participant basics of various circus skills such as partner and group acrobatics, juggling, diabolo, balloon modelling... and show them how to prepare and implement a circus workshop, which they can use as a tool in their work with youngsters. On the end of our training course, all the participants will be equipped with knowledge how to prepare and implement a basic circus pedagogy workshop on their own. After the project, their task will be to lead a circus pedagogy workshop for youngsters in their country and this way disseminate results of the training course. During the project, participants (with the help of trainers) will prepare a short circus show that they will perform for the local community. After the show, the participants will lead the circus pedagogy workshop for the local community and test their newly learned skills.

PARTICIPANT'S PROFILE



We are looking for youth workers/youth leaders who are **over the age of 18** with a good level of English, who will be willing and committed to participate actively in ALL sessions (about 8 hours a day):

- All participants **HAVE TO BE OVER 18 YEARS OLD** and **HAVE RESIDENCY IN THE SENDING COUNTRY** otherwise they cannot participate in the project.
- There should be a gender balance; half of the participants should be male and half should be female.
- All participants should speak and understand English.
- Participants do not need any previous knowledge of circus skills as the course is adapted to total beginners.
- Participants should be interested in making follow up international projects.
- Participants with fewer opportunities, meaning youngsters with geographical obstacles (from remote rural areas, islands, less serviced areas...), economical obstacles and social obstacles should be included.

To register in for training course, please sent us participants forms filled in latest till **15.12.2021**

THE VENUE : BREŽICE (SLOVENIA)

The Training Course will take place in **Brežice**, a small town situated in the Eastern part of Slovenia, close to the Croatian border. Our venue, **MC Hostel Brežice**, is located in the green heart of the city, just at a stone's throw from the city center.

Participants will be accommodated in **6-bed rooms with WiFi access** and it will be possible to use laundry service, shared kitchen and a cozy lounge area. The hostel has a sunny roof terrace overlooking the castle and the city park where participants can enjoy and relax. In the reception there is a tourist information point, which provides all the information on local attractions.

Our training space will be a **275m2 big multi-purpose hall** with modern equipment and stage.

You can check the website of the venue in the following link: <http://www.mc-hostel.si/>



Address: Hostel Brežice, Gubčeva 10a p.p. 29, 8250 Brežice

HOW TO GET THERE

Byplane:

Flying to Ljubljana, Zagreb, Trieste, Venise, Treviso, Klagenfurt or Graz.

There are cheap flights from all over Europe to these airports. Check Ryanair, Volotea, Easyjet but you can also look other website like Momondo, Skyscanner, Opodo, Kayak or Expedia.

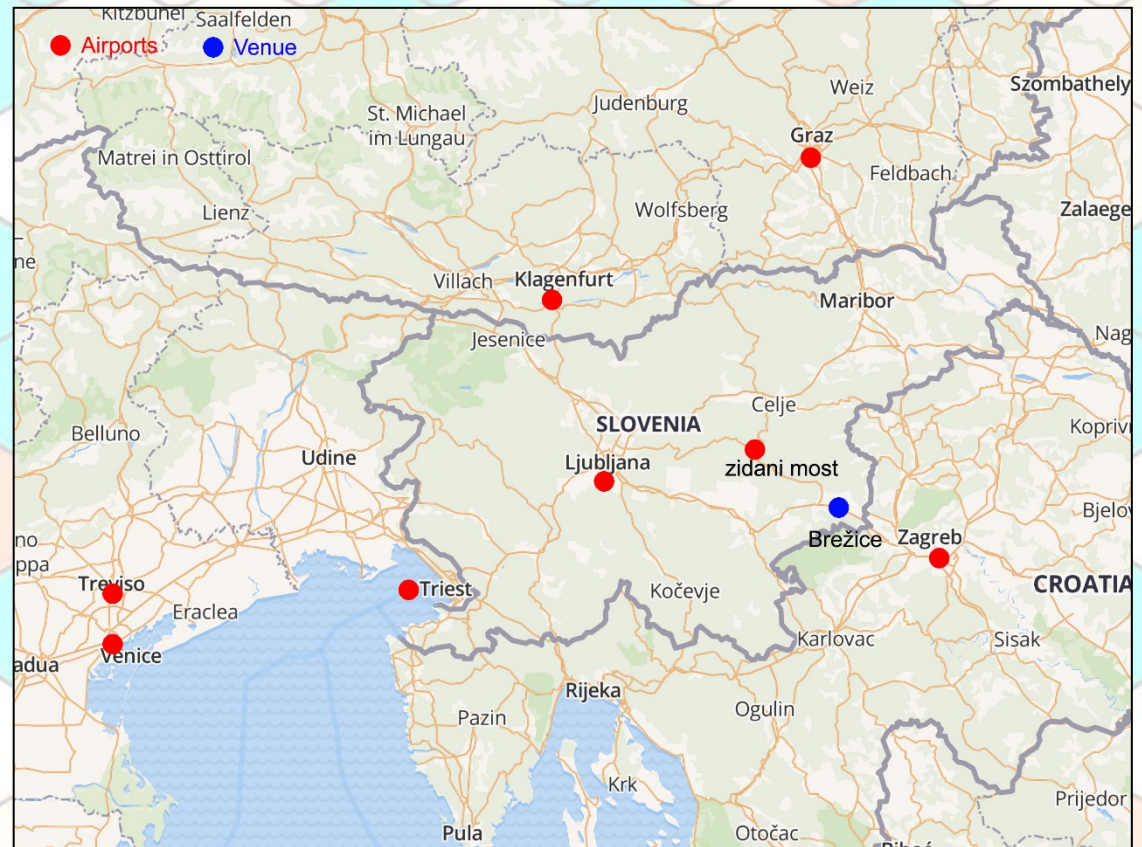
By bus or train

From your country or from the airport you can get to Brežice by taking a train via Zidani most.

Check the best prices and all the options on Rome2rio website.

Usually the cheapest buses are the Flixbus, Ouibus or Blablabus ones but you can find cheap Eurolines buses as well.

Do not hesitate to contact us at cirkuslabulle@gmail.com for more information about the transport options



ARRIVAL AND DEPARTURE

The **arrival day is Saturday, 15th of January** and the **departure day, Sunday, 23rd of January**. All participants have to arrive on the arrival day to the venue. If you plan to come a bit before or leave a bit after the project you have to first talk to us about that.

TICKETS AND TRAVEL COSTS

Travel costs will be reimbursed to your organization **AFTER** the project and it might take some time (up to a couple of months). Also, when buying the tickets, bear in mind that **there is a fixed maximum amount reimbursable for your individual trip costs**. The sum, set by the European distance calculator, is for return tickets and covers the travel costs from the participants' home to Brežice. Participants themselves will cover travel costs exceeding the maximum reimbursable amount.

Slovenia, Croatia	Bosnia and Herzegovina, Montenegro, Romania, Serbia	Kosovo, Bulgaria, Republic of North Macedonia, Greece, Turkey, Albania,
20 eur	180 eur	275 eur

IMPORTANT: In order to reimburse you, we need all original invoices, tickets and boarding passes you will use during your trip. **WITHOUT ANY OF THESE DOCUMENTS WE WON'T BE ABLE TO REIMBURSE YOU**. On all travel documents has to be written your name and surname, date of travel, from where to where was the journey, and the price. Once you book your trip, **LATEST TILL 01.01.2022** please send all confirmations to cirkuslabulle@gmail.com

TRAVEL TIPS

To avoid misunderstandings and have an easy reimbursement process, we advise you to:

- Arrange all your travel in advance based on **economy class tickets** and plan the cheapest route possible to the project venue and back home.
- If possible travel together with participant from your country (come with the same plane, bus, train which will make our and your organization much easier).
- Taxi rides can only be refunded in **special situations and have to be discussed in advance with us.**
- Please note that car travel is not refundable.
- If you have any doubt about your travelling plans, please contact the coordinator **before booking tickets.**

Failure to participating in a minimum of 80% of the content sessions or inappropriate behaviour might resolve in reimbursement not being given to the participant or even withdrawal from the course with a notice provided to the sending organization.

PRACTICALITIES

HEALTH INSURANCE

It is mandatory to have a valid travel and medical insurance (**European Health Insurance Card**) during your travel. The host organization will not cover any personal health insurance for participants. Participants have to be aware that obtaining a health insurance in case of accident, serious illness (including permanent or temporary incapacity) and death (including repatriation) as well as the travel insurance (including damage or loss of luggage) **is their own responsibility. We strongly recommend it. Please ask your sending coordinator if you have any doubt.**

INTERCULTURAL EVENING

We'll have the opportunity to **discover one another's cultures and national delicacies** during multicultural night. For this, you can bring some **typical snacks or drinks from your country.**

SANITARY REQUIREMENTS AND COSTS

In order to travel participants need to be vaccinated or have a negative covid test before entering Slovenia. The cost of the travel including the covid test can be covered from the travel budget up to the maximum allocated budget per participants if need be.

CHECK LIST

- Bring some traditional snacks/drinks/sweets from your country for multi-cultural night.
- Prepare one energizer game to share with the group (warm up game).
- Send us filled in and signed application form and declaration of acknowledgement latest till **15.12.2021**
- Book transportation according to budget limits and send us the info latest till **01.01.2022**
- Apply here: <https://forms.gle/rgcrKzmAG7EhP6BHA>

CONTACT INFORMATION

For questions contact Cirkus La Bulle: cirkuslabulle@gmail.com

Or call Anja: +386 68617020



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